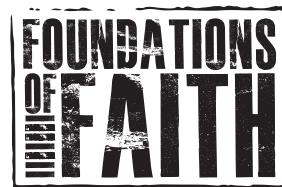


# Lesson #3: Devotional Life



## Seeking God

Read Jeremiah 29:11-13. *Based on this scripture, what does God want for us?*

Story of Jesus Praying (Mark 1:29-39; Luke 6:12-13; Luke 11:1-11):

Testimony on when and how you started spending time with God

## Model Devotional Time

**1. Prepare for God** *Make spending time with God a part of your daily routine. It is your decision to meet with God. Spending time with God will not make God love you more, but if you seek God everyday, you will grow in your love for Him and obedience to Him. (Matthew 6:33) Find a time where you can consistently meet with God. Choose a place where you can meet with God without being disturbed. Collect items you may need for your time with God: a Bible, journal, pen, and music.*

**2. Worship - God delights when we worship Him!**

Read Psalm 100. *What do these scriptures tell us to do?*

Sing a short song and/ or worship together reading Psalms 103.

**3. Word - God wants to speak to us through the Bible!** *The Bible is God's Word to us (2 Timothy 3:15-17). Choose a book in the Bible to study. Below are three simple questions to ask yourself when you are reading the Bible. If you have never read the Bible before, begin with the gospel of Mark.*

Read this story from Matthew 13:44-46 and answer the following SOS questions (Say, Obey, Share):

What does this passage say?

What should I do to obey God's Word?

With whom do I need to share these verses?

**4. Prayer - God hears us when we pray!** *Prayer is "talking" with God. We can communicate with God in the same way we can with any other person. Prayer should be natural conversation with God. When you pray you should be honest and sincere. We don't have to pray perfectly. Jesus will teach you just as he did his disciples.*

Read Matthew 6:9-13 out loud together. What does Jesus teach us to pray?

Pattern of Prayer

Look up - *Hallowed be your name, your kingdom come on earth*

Look in - *Ask for daily bread; confess sins; ask for protection and help*

Look out - *Pray for others*

Spend some time praying together looking up, in and out.

**5. Listening - Listen and Obey God** *Listen for His encouragement, correction and direction. Write down what you sense God saying to you in a journal and then obey. (Psalm 143:8)*

Take a moment to ask God to speak to you and write down what he says?

➡ Continue to hold each other accountable to practicing what you have learned in the past weeks.  
This week, set a plan for spending time with God each day.